2023 FHSAA 4A District 7 Championship Hosted By: George Jenkins High School

School List

| | School | Female | Male | Total Athletes | Entries | Relay | Total |
|--------|------------------------------|--------|------|-----------------------|---------|-------|-------|
| 1 CELE | Celebration High School | 17 | 20 | 37 | 57 | 6 | 63 |
| 2 GEOJ | George W Jenkins High School | 11 | 12 | 23 | 43 | 6 | 49 |
| 3 HAIN | Haines City High School | 7 | 9 | 16 | 27 | 6 | 33 |
| 4 OSCK | Osceola High School | 3 | 1 | 4 | 8 | 0 | 8 |
| 5 PLCY | Plant City High School | 12 | 8 | 20 | 29 | 6 | 35 |
| 6 RDGE | Ridge Community High School | 10 | 7 | 17 | 31 | 6 | 37 |
| 7 STRA | Strawberry Crest High School | 21 | 13 | 34 | 59 | 6 | 65 |
| 8 WHAV | Winter Haven High School | 12 | 5 | 17 | 34 | 3 | 37 |
| | | 93 | 75 | 168 | 288 | 39 | 327 |