

2026 FHSAA 4A Region 3 Championship
Hosted By: Palm Harbor University High School
Session Report

Session: 2 FHSAA Regional Championship - Swim

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 200 Medley Relay	16	2	05:00 PM	_____
Finals	2 Boys 200 Medley Relay	16	2	05:06 PM	_____
	Break: 5 Minutes:				
Finals	3 Girls 200 Freestyle	24	3	05:16 PM	_____
Finals	4 Boys 200 Freestyle	24	3	05:24 PM	_____
Finals	5 Girls 200 IM	24	3	05:31 PM	_____
Finals	6 Boys 200 IM	24	3	05:40 PM	_____
Finals	71 Girls 11 & Over 50 Freestyle DIS	2	1	05:48 PM	_____
Finals	7 Girls 50 Freestyle	24	3	05:50 PM	_____
Finals	81 Boys 11 & Over 50 Freestyle DIS	1	1	05:53 PM	_____
Finals	8 Boys 50 Freestyle	24	3	05:54 PM	_____
	Break: 15 Minutes:				
Finals	11 Girls 100 Butterfly	24	3	06:12 PM	_____
Finals	12 Boys 100 Butterfly	24	3	06:17 PM	_____
Finals	131 Girls 11 & Over 100 Freestyle DIS	2	1	06:21 PM	_____
Finals	13 Girls 100 Freestyle	24	3	06:24 PM	_____
Finals	141 Girls 11 & Over 100 Freestyle DIS	0	0	06:28 PM	_____
Finals	14 Boys 100 Freestyle	24	3	06:28 PM	_____
Finals	15 Girls 500 Freestyle	25	4	06:32 PM	_____
Finals	16 Boys 500 Freestyle	24	3	06:57 PM	_____
Finals	17 Girls 200 Freestyle Relay	16	2	07:14 PM	_____
Finals	18 Boys 200 Freestyle Relay	17	3	07:18 PM	_____
	Break: 10 Minutes:				
Finals	19 Girls 100 Backstroke	24	3	07:35 PM	_____
Finals	20 Boys 100 Backstroke	24	3	07:40 PM	_____
Finals	21 Girls 100 Breaststroke	24	3	07:46 PM	_____
Finals	22 Boys 100 Breaststroke	24	3	07:51 PM	_____
	Break: 5 Minutes:				
Finals	23 Girls 400 Freestyle Relay	16	2	08:00 PM	_____
Finals	24 Boys 400 Freestyle Relay	16	2	08:10 PM	_____
	Swimmers Counts for Warm-ups: 307	=====	=====		
	Entry / Heat Totals:	487	65		
	Finish Time			08:19 PM	_____