

2021 FHSAA 1A District 7 Championship**Hosted By: Frostproof High School****School List**

	School	Female	Male	Total Athletes	Entries	Relay	Total
1	ALSA All Saints' (Winter Haven)	10	10	20	37	6	43
2	FOUN Foundation Academy	16	12	28	48	6	54
3	FROS Frostproof Middle-Senior High	8	2	10	19	2	21
4	LAKC Lakeland Christian School	12	10	22	43	6	49
5	MONT Montverde Academy	13	14	27	53	6	59
6	SFCA Santa Fe Catholic (Lakeland)	6	8	14	28	5	33
7	WIND Windermere Preparatory School	19	13	32	55	6	61
		84	69	153	283	37	320